



February 2010

ORDER DATES

Sat., January 30 from 10:00-12:00 pm Wed.,
February 3 from 6:00-7:00 pm

DISTRIBUTION DATE

Saturday, February 20
Time-- 8:30 am

*Please call 842-1533 the morning of pick up to find
out what time Distribution is.*

BASIC FOOD BOX - only \$30

5 lb Chicken Leg Quarters	1 lb Blackberries
10 4 oz. Hamburger Patties	1 lb Carrots
1.5 lb Boneless Pork Roast	2 lb Onion Strings
1 lb avg. Ground Pork	5.25 oz. Scalloped Potatoes
1 lb Italian Sausage Links	Chili Mix
Vegetable Pot Stickers	Apple Muffin Mix
2 lb Apple Crescents	

EMPTY NESTERS BOX - only \$20

3 lb B/L S/L Chicken Breast
1 lb Ground Pork
1 lb Green Beans
1 lb Blackberries
Chili Packet
Apple Muffin Mix

SENIOR MEALS – only \$28.00

New and improved supplier - <http://www.valleyinc.com/senior/nutrition.html>

7 Heat & Serve Meals - with an 8 oz glass of milk, these meals meet USDA RDA recommended dietary needs of seniors

ChckBreast & Rice w/ Apricot Sauce Green Bean Casserole Rosemary Roasted Potatoes Wheat Roll Margarine Orange Pineapple Juice	Steak Fingers Mixed Greens Black-Eyed Peas Rye Bread Margarine Mixed Fruit Cup	Chicken Broccoli Casserole w/ Rice Green Beans Squash Medley Wheat Bread Margarine Orange Juice	Chili with Beans Broccoli Applesauce Wheat Roll Margarine Fig Bar	Chicken Chop Suey Corn Green Peas with Onions, Mushrooms & Red Peppers Wheat Bread Margarine Animal Crackers	Meatloaf w/ Tomato Sauce Diced Rutabagas Lima Beans Wheat Bread Margarine Grape Juice Graham Crackers	Breaded Fish Rosemary Roasted Potatoes Italian Vegetables Rye Bread Margarine Blended Juice Ginger Cookie
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Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond our control

ORDER THE FOLLOWING SPECIALS WITH THE PURCHASE OF A BIG BOX, EMPTY NESTER, OR SENIOR MEALS

KIDS BOX (1.5lb Popcorn Chicken, Flour Tortillas, 14oz. Taco Meat, 2 12oz. Pkg Hot Dogs, Chocolate Syrup, 2 Pudding Mixes, 2 10oz. Boxes of Vanilla Wafer)	\$20.00
BREAKFAST BOX (2lb French Toast Stix, 2 12 count pancakes, 12 oz. Canadian Bacon, 1lb Ground Sausage, 1lb Blackberries, Strawberry Fruit Bars)	\$20.00
SEAFOOD/LENT BOX (24oz. Catfish Fillets, 1lb Salmon, 4 5oz. Pecan Encrusted Tilapia, 18oz. Battered Fish)	\$20.00
5LB RIBEYE SPECIAL (5lb of Aged Premium Ribeye Steaks)	\$35.00
STUFFED CHICKEN SPECIAL (4 – 6 oz of EACH – Chicken Kiev (seasoned butter stuffed), Chicken Broccoli (Broccoli & Cheese Stuffed), Cordon Bleu (Ham & Cheese Stuffed) 12 in all)	\$20.00
FRUIT/VEGGIE GRAB BOX (14lbs of assorted Fruits and Veggies)	\$25.00
BASIC GRAB BOX (Over \$40 of meats, veggies, fruits, potatoes and miscellaneous items)	\$25.00

Grand Haven Church of the Nazarene
1620 S. Beechtree St. (616) 842-7030

www.greatfoodforall.com

Order online at -- www.grandhavernazarene.org

Visa – MasterCard – Food Stamps – Cash – Money Order

No Personal Checks

NAZARENE NEWSLETTER

February 2010

Sundays

Sunday School 10:00 am
Morning Worship 11:00 am

- We have classes for All Ages
- Nursery through Senior Adults

Wednesday Evening

Prayer/Bible Study 7:00 pm
Youth Group (6th-12th grades) 7:00 pm
Children's Quizzing (1st-5th grades) 7:00 pm
Veggie Tales (ages 3-K) 7:00 pm
Nursery (newborn-age 2) 7:00 pm

Upcoming Events

GFFA Orders

Sat. January 30 from 10:00-12:00 pm
Wed. February 3 from 6:00-7:00 pm



Men's Prayer Breakfast

Saturday, February 6 at 9:00 am
All men are welcome to attend.

Scrapbookers/Crafters & Cookie Decorating

Friday, February 12 at 6:30 pm
Everyone wanting to spend sometime scrapbooking or doing crafts is welcome to attend. We will also be decorating Valentine cookies, so bring all of your decorating supplies if you have any.



Seasoned Saints

Saturday, February 13 at 12:00 pm
All seniors age 55 and older are welcome to join us for a potluck on the 2nd Saturday of every month. Please bring a dish to pass.

GFFA Distribution

Saturday, February 20 @ 8:30 am

From Pastor's Heart

It is hard to believe that another year has come and gone. With every New Year is the possibility of a fresh start and a new beginning. One area of personal commitment that many people struggle with is developing the Spiritual Disciplines of Bible Reading and Prayer. There are other important disciplines, but reading the Bible and Prayer are foundational. I would like to encourage you to determine to make a greater effort in these two areas of your life. Here are a couple of Bible verses to remind us of our commitment:

PSALM 119:11 I have hidden your **word** in my heart that I might not sin against you.



PSALM 19:14 May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer.

May the Lord bless you as you spend time with Him!

Pastor Gary
