



August 2010

ORDER DATES

Sat, July 31 from 10:00-12:00 pm
Wed, August 4 from 6:00-7:00 pm

DISTRIBUTION DATE

Saturday, August 21 Time TBD

Please call 842-1533 the morning of pick up to find out what time Distribution is.

The New "FAMILY VARIETY BOX" – ONLY \$36.00 OVER 24 LBS!!

4lb Chicken & Wild Rice Soup	3lb Stuffed Cornish Hens
4lb Corn Dogs	2lb Ham Steaks
4.5lb Sausage, Egg, & Cheese Wraps	2lb Cheese Loaf
2.5lb Onion Rings	3.5lb Breaded Zucchini Sticks
2lb Mixed Berries	2lb Cut Green Beans
4 Gourmet Muffins	

The New "BIG VALUE BOX" - only \$30.00

5lb Pork Patties	2 lb Mixed Berries
5lb Whole Chicken Wings	2 lb Peaches
2 lb Cut Green Beans	2 lb Cut Corn
3lb Seasoned Potato Rounds	

EMPTY NESTERS BOX - only \$20

3lb Stuffed Cornish Hens	1lb Ham Steaks
2lb Cheese Loaf	1lb Mixed Veggies
2.5lb Sweet Potato Fries	12ct Flour Tortillas
4 Gourmet Muffins	

SENIOR MEALS – only \$25.00

New and improved supplier - <http://www.valleyinc.com/senior/nutrition.html>

7 Heat & Serve Meals - with an 8 oz glass of milk, these meals meet USDA RDA recommended dietary needs of seniors

SENIOR MEAL WEEK 1 (PURPLE) – only \$25

Salisbury Steak Sour Cream & Chive Potatoes Mixed Vegetables Wheat Bread Margarine Orange Pineapple Juice Milk	BBQ Chicken Breast Diced Sweet Potatoes Broccoli Rye Bread Margarine Fig Bar Orange Juice Milk	Grilled Pork Patty Diced Apples Spinach Rye Bread Margarine Grape Juice Milk	BBQ Beef Brisket Diced Potatoes Mixed Vegetables Wheat Roll Margarine Apple Juice Milk	Oven Fried Chicken Broccoli Corn Rye Bread Animal Crackers Margarine Milk	Spaghetti w/meatballs Green Beans Cinnamon Applesauce Wheat Roll Margarine Grape Juice Milk	Chicken & Dressing Green Peas Sweet Potato Patty Rye Bread Margarine Pear Cup Milk
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SENIOR MEAL WEEK 2 (BLUE) – only \$25

Chicken & Dumplings Peach Half Winter Blend Vegetables Wheat Bread Margarine Pineapple Juice	Meatballs & Shells w/Alfredo Sauce Green Beans & Onions w/Red Peppers Squash Medley Wheat Bread Margarine Strawberry Applesauce Milk	Chicken Parmesan Whipped Potatoes Summer Blend Vegetables Wheat Roll Margarine Apple Juice Milk	Meatloaf w/Tomato Sauce Diced Rutabagas Lima Beans Wheat Bread Margarine Fig Bar Pineapple Juice Milk	Breaded Fish Rosemary Roasted Potatoes Vegetable Blend Wheat Bread Margarine Apple Spice Cookie Milk	Chicken Breast with Rice & Gravy Carrots Green Peas Rye Bread Margarine Ginger Cookie Milk	Char Steak Loaded Potatoes Brussel Sprouts Wheat Bread Margarine Graham Crackers Blended Juice Milk
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SENIOR MEAL WEEK 3 (GREEN) – only \$25

Sweet & Sour Pork w/Rice Peas & Carrots Squash Medley Wheat Bread Margarine Blended Juice Milk	Steak Fingers Mixed Greens Black-Eyed Peas Corn Muffin Margarine Pineapple Cup Milk	Teriyaki-Glazed Chicken Breast Sweet Potato Casserole Brussel Sprouts Rye Bread Margarine Apple Flip Cookie Milk	Country Fried Steak Red Skin Whipped Potatoes Mixed Vegetables Wheat Roll Margarine Apple Juice Milk	Breaded Pork Patty Spinach Rutabagas Rye Bread Margarine Blended Juice Milk	Chill with Beans Broccoli Applesauce Wheat Roll Margarine Graham Crackers Milk	Chicken Breast & Rice w/Apricot Sauce Green Bean Casserole Rosemary Roasted Potatoes Wheat Roll Margarine Mixed Fruit Cup Milk
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SENIOR MEAL WEEK 4 (RED) – only \$25

Beef Pot Roast with Vegetables Diced Potatoes Green Peas Rye Bread Margarine Orange Pineapple Juice Milk	Chicken Strips with Sweet & Sour Sauce Spinach Corn with Peppers Wheat Bread Margarine Apple Flip Cookie Pineapple Juice Milk	Pancakes & Sausage Hash Browns Applesauce Margarine Orange Juice Milk	Cheesy Chicken & Broccoli Casserole with Rice Green Beans Squash Medley Wheat Roll Margarine Apple Juice Milk	Peppered Beef Patty Loaded Potatoes Mixed Greens Rye Bread Margarine Blended Juice Milk	Dixie Crunch Fish Lima Beans Broccoli with Cheese Sauce Wheat Roll Margarine Pineapple Cup Milk	Beef Patty with Onion Gravy Sour Cream & Chive Potatoes Summer Blend Vegetables Wheat Bread Margarine Fig Bar Milk
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Grand Haven Church of the Nazarene
1620 S. Beechtree St. (616) 842-7030

www.greatfoodforall.com

Order online at -- www.grandhavernazarene.org

Visa – MasterCard – Food Stamps – Cash – Money Order --No Personal Checks

ORDER ANY OF THE FOLLOWING STANDARD SPECIALS!! NO RESTRICTIONS, NO LIMITS!!

KID'S BOX (24/3oz Chicken & Cheese Burritos, 10" Garlic Bread Pizza, 2lb Battered Apple Sticks, 3lb Hash Brown Potato Coins, 4 Muffins).....	\$18.00
BREAKFAST BOX (4.5 lb Sausage Omelet Wraps, 1lb Ham Steaks, 2lb Pancake Mix, 2lb Apple Sticks, 4 Gourmet Muffins, 12/2pk Baker's Donuts).....	\$19.00
STUFFED CHICKEN BOX (4 – 6 oz of EACH – Chicken Kiev (seasoned butter stuffed), Chicken Broccoli (Broccoli & Cheese Stuffed), Cordon Bleu (Ham & Cheese Stuffed) 12 in all).....	\$20.00
STEAK BOX (12 – 6 oz Sirloins!! 4.5 lbs!!).....	\$29.00
DESSERT BOX (6" Pumpkin Cheesecake, 6" Plain Cheesecake, 8 Gourmet Blueberry Muffins, 8 Gourmet Banana Nut Muffins).....	\$20.00

ORDER ANY OF THE FOLLOWING HOT BUYS!! NO RESTRICTIONS, NO LIMITS!!

POPCORN CHICKEN (10 lb Popcorn Chicken).....	\$17.00
JUMBO DANISH (32 ct – May or may not contain a mixture of: Cinnamon Roll, Apple, Cheese, Cherry, Bear Claw, Blueberry, or Strawberry).....	\$13.00
HONEY BUNS (36 ct – May or may not contain a mixture of: Glazed, White Iced, Maple Iced, & Chocolate Iced!!).....	\$14.00
BANANA NUT MUFFINS (24 ct. Gourmet Banana Nut Muffins).....	\$15.00
HICKORY SMOKED CHICKEN BREAST FILETS (10 lbs of lightly seasoned lean chicken).....	\$19.00
BREAKFAST BURRITOS (24 – 3.1 oz. of Scrambled Eggs, American Cheese, Sausage, Vegetables, and Piquant Sauce Wrapped in a White Flour Tortilla).....	\$14.00
SQUARE RAVIOLI (10 lbs of Ravioli!!).....	\$22.00
CHEESE TORTELLINI (10 lbs of Cheese Tortellini).....	\$25.00
BREADED MUSHROOM (4 – 3 lb Bags of Breaded Mushroom Slices).....	\$17.00
FLOURED ONION RINGS (4 – 2.5 lb bags of Onion Rings!! 10 lbs!!).....	\$16.00
FUDGE TOASTER PASTRIES (10 – 8 ct packages).....	\$16.00
BAKERS DONUTS (36 assorted 3 oz donuts).....	\$15.00

Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond our control

NAZARENE NEWSLETTER

August 2010

Upcoming Events

Sundays

Sunday School 10:00 am
Morning Worship 11:00 am

- We have classes for All Ages
- Nursery through Senior Adults

From Pastor's Heart

In Galatians 6:9 the Apostle Paul writes, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

Sometimes we get tired while doing good and right things because it doesn't seem to make a difference. We want to make a difference. We want our lives to count for good and God. We enjoy helping people because we care, but it often goes unnoticed or unappreciated or doesn't seem to change things. The Lord wants to encourage to stay faithful and to not give up, even if or when we are not seeing any harvest. What we do, we do for Him and because we love Him. He also wants us to learn to be patient. That is tough for us in our instant society. But the Lord has called us to follow Him for the long haul, not just for a short sprint. If we will hang in there and not give up, a harvest will come. That's a promise we can count on!

~Pastor Gary

Scrapbookers/Crafters

Friday, July 30 at 6:30 pm
Everyone is invited to come and fellowship with others while scrapbooking or other crafts you may want to do. Bring a cool summer treat to share.

GFFA Orders & Distribution

Sat. July 31 from 10:00-12:00 pm
Wed. August 4 from 6:00-7:00 pm
Distribution—Saturday, August 21 (Time TBD)

Waterfront Service

Sunday, August 8 at 11:00 am at Waterfront Stadium
*Everyone is welcome to join us out at the waterfront!

Vacation Bible School- August 16-20

Kids ages 3 through 6th grade are welcome to attend Pre-register your child(ren) and they will receive a prize on the first night! You can pre-register by email

ghnazarenevbs@gmail.com or call the church office at (616) 842-7030, please leave

your child's name, age/grade, address, phone #, and parent's name. Please register no later than Sunday, August 15th. We hope to have a great turnout this year.

We will be at the Coast Guard Kid's Parade on Saturday, July 31st!

